

Small Business Courses

Build a career doing what you love with our online **Small Business courses**. Enrol today & study anywhere in Australia.

BSBMED301	Interpret and apply medical terminology appropriately
BSBSMB403	Market the small business
BSBSMB404	Undertake small business planning
BSBSMB420	Evaluate and develop small business operations
BSBSMB421	Manage small business finances
HLTWHS001	Participate in workplace health and safety
HLTWHS004	Manage work health and safety
CHCLEG003	Manage legal and ethical compliance

Effective Communication

Develop your communication skills, self-awareness & understanding of others with online and face-to-face courses and workshops.

CHCCOM005	Communicate and work in health or community services
CHCCOM006	Establish and manage client relationships
CHCPOL003	Research and apply evidence to practice
CHCPRP001	Develop and maintain networks and collaborative partnerships
CHCPRP002	Collaborate in professional practice
CHCPRP003	Reflect on and improve own professional practice
CHCPRP005	Engage with health professionals and the health system

Customer Service Skills

Customer services skills in healthcare are a lot more important than you might realise. Learn more about how your past experiences can help you understand your clients needs.

CHCDIS007	Facilitate the empowerment of people with disability
CHCDIV001	Work with diverse people
CHCMHS001	Work with people with mental health issues

Human Biology

Acquire and deepen your knowledge in Human Anatomy and Physiology. Our courses provide you with the knowledge base you need for a career in human health and wellbeing.

HLTAAP001	Recognise healthy body systems
HLTAAP002	Confirm physical health status
HLTAAP003	Analyse and respond to client health information
HLTINF004	Manage the prevention and control of infection

Oriental Therapies & Shiatsu Massage

Oriental therapies and life skill philosophies help people take back control of their health and well-being. Our courses will give you the skills and understanding to make yourself happy and healthy and then how to encourage others to do the same.

HLTSHU001	Work within a framework of traditional oriental medicine
HLTSHU002	Develop Shiatsu practice
HLTSHU003	Maintain personal health and awareness for traditional oriental medicine practice
HLTSHU004	Perform Shiatsu therapy health assessments
HLTSHU005	Perform oriental therapies health assessments
HLTSHU006	Provide Shiatsu therapy treatments
HLTSHU007	Provide oriental therapies treatments
HLTSHU008	Adapt Shiatsu and oriental therapies practice to meet specific needs
HLTSHU009	Monitor and evaluate traditional oriental medicine treatments

Yoga Teacher Training & Yoga Studies

Bridging the gap between yoga the and health care industry, COTY is setting the standards of yoga in Australia. Our yoga studies include the concepts from ancient India, the Japanese influence and the ancient fundamentals of Chinese medicine. A powerful tool for health and wellbeing, the COTY style of Remedial Yoga is like nothing you've done before.

Foundation of Remedial Yoga - Beginners Yoga
Remedial Yoga – 5 Element Meridian Classes
History of Yoga & it's Relevance Today
Foundations of Traditional Yoga – Vinyasa & Flow, Yin & Restorative Yoga
Yoga Breathing Techniques - Pranayama
Applied Teaching Methods
Elemental Yoga Teaching
Teaching for the Season & Therapeutic Results
Teaching with the Qi Meridians
Practical Teaching & Mentoring

Nutrition, Health & Wellbeing

Be part of the solution and learn how to promote movement, improve nutrition, increase human function – and make a real difference in people's lives. Whether you're just getting started in the health industry or you're looking for professional development, our courses will provide you with the knowledge you need.

Wholefood Healing – the macro way
5 Element Seasonal Nutrition
Natural Therapies & Medicines
Natural Detoxification, Scrubs and Compressors